

FUTURE STATE MATRIX

1. Consider what measure you are defining:
Success/Fulfillment/Happiness/other.
2. Consider whether we are doing this for your whole self /
Professional Life / Personal Life (some people do this
exercise twice, others for their whole being)
3. For each quadrant - what have you already done that
contributes to this.
4. For each quadrant - what are you currently doing?
5. What would you like to do in the future?



Legacy: What do you want to be remembered for doing? How do you want people to describe your character?

Creative Journey: A place to honour the journey (ie. learning to play the guitar, going back to school.

Achievements: What are the milestones that you are most proud of achieving.

Special Occasions: What are events that are important to you?